

Everything DiSC® - Personality assessment

Identify own strengths through a DiSC® personality assessment



- With more than 50 million applications, Everything DiSC® is one of the world's most successful diagnostic systems for the analysis of personality types.
- The DiSC® model is based on the work of the American psychologist William Moulton Marston.
- You get to know to which behavior type you tend (D, i, S or C) and how stressful the different project situations are for you.
- The implementation of the findings from the Everything DiSC® workplace profile helps you cope better with difficult management situations in your project.

Contents and structure

- Getting to know the structure and background of the DiSC® model
- Possible benefits and limits of the DiSC® model for your project or leadership work
- DiSC® shows behavioral tendencies in different situations. The method provides a valuable approach to explore behavioral issues.
- The four DiSC® styles: dominance, influence, steadiness, conscientiousness
- Understanding your personal DiSC® profile
- Personal stress factors in dealing with different DiSC® profiles
- Communicating successfully with other team members of the project team
- Preparing project information according to other people's DiSC® styles (e.g. stakeholder)

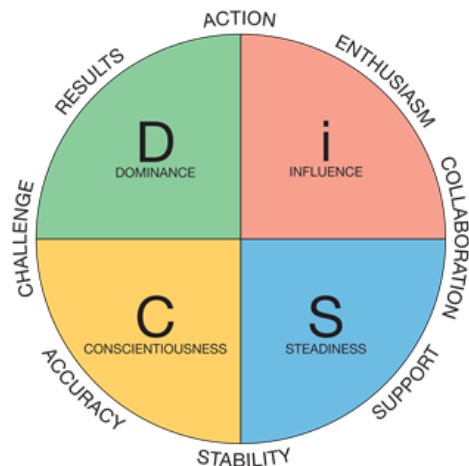
Target group

Line managers and employees

- Who want to align their communication behavior better with the needs of other people

Project manager and project team members

- Who want to strengthen their team's performance through better mutual understanding of personality styles



Approach
Theory inputs of DiSC® model, video analysis and experimental learning approach



Procedure / duration

- Online survey (60 minutes)
- 1 day workshop